

TRANSGENDER TERMINOLOGY

Transgender/Trans: An umbrella term for people whose gender identity differs from the sex they were assigned at birth.

Cisgender/Cis: Adjective that means "identifies as their sex assigned at birth." A cisgender person is not transgender.

Queer: A term for people of marginalized gender identities and sexual orientations who are not cisgender and/or heterosexual. This term has a complicated history as a reclaimed slur.

AFAB or AMAB: Acronyms meaning "assigned female/male at birth." No one, cis or trans, gets to choose what sex they're assigned at birth.

Transistion: A person's process of developing and assuming a gender expression to match their gender identity. Transistioning can include coming out to one's family and friends, changing one's name and or gender on legal documents, hormone therapy, and possibly (though not always) some form of surgery. It's best not to assume how one transitions as it is different for everyone.

Non-binary- Preferred umbrella term for all genders other than female/male. Some people don't identify as either gender, and some are gender fluid, which means they may feel that they are a little of both genders. Many non-binary people prefer the use of "they" as their pronoun.

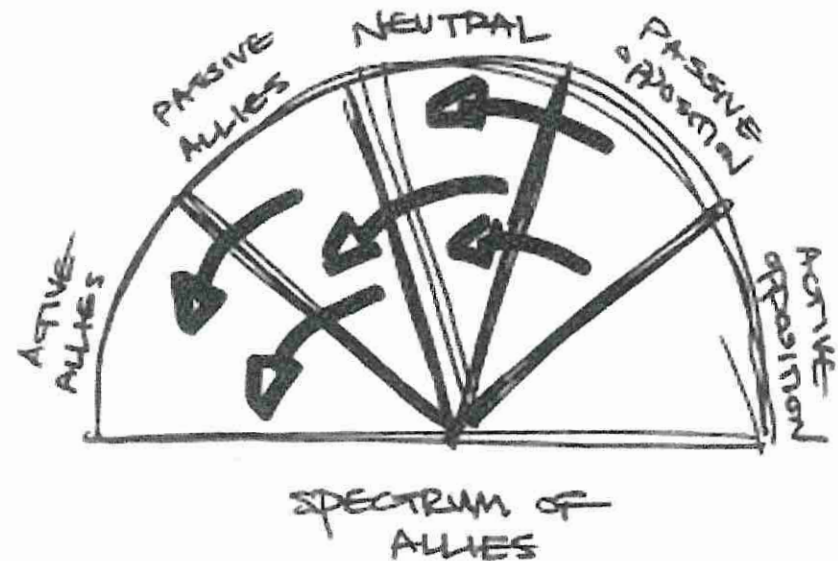
Ally: Someone who advocates and supports a community other than their own. The LGBTQ community needs to know that they have allies within the health care community.

What can you do in your work?

- ❑ Be non-judgmental, open, professional. Provide client-centered care (e.g., meet the person "where they are")



- ❑ Be an ally. Educate yourself so you are trans-friendly in your field of expertise. Working with colleagues: "See something, say something."



NATIONAL LGBT HEALTH
EDUCATION CENTER

PROGRAM OF THE FENWAY INSTITUTE

http://www.wpath.org/publications_standards.cfm

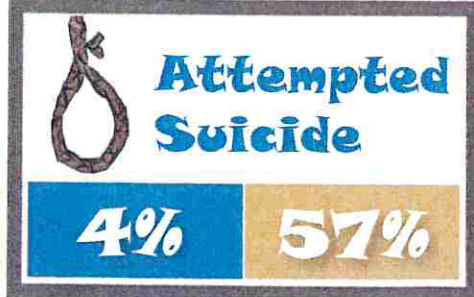
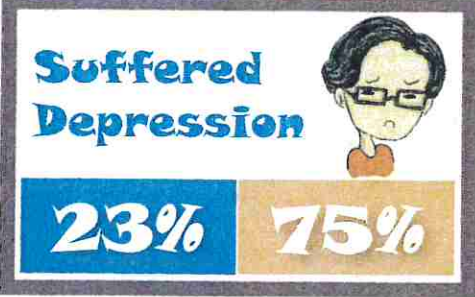
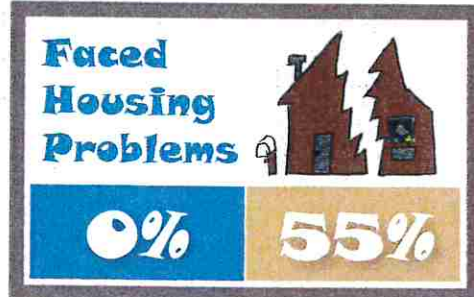
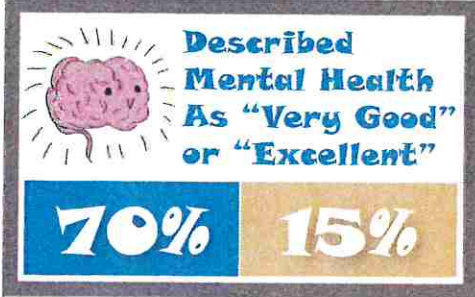
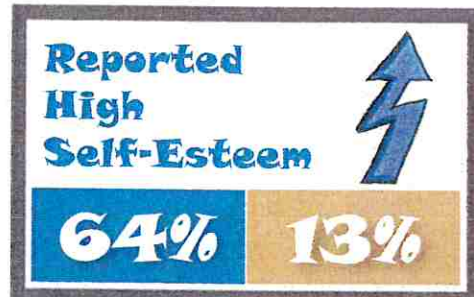


Why Support for Trans Youth Matters

Based on a 2012 study of 433 individuals

Trans Youth with Supportive Parents

Trans Youth with Unsupportive Parents



Travers R, Bauer G, Pyne J, Bradley K, for the Trans PULSE Project; Gale L, Papadimitriou M. Impacts of Strong Parental Support for Trans Youth: A Report Prepared for Children's Aid Society of Toronto and Delisle Youth Services. 2 October, 2012.

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For more information, go to transstudent.org/graphics



Infographic Design by Landyn Png Illustrations by Ethan Lopez

THE ALLY'S TOOLKIT

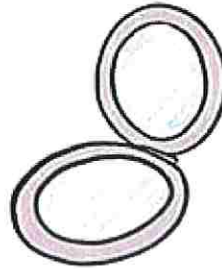
HAVE PATIENCE



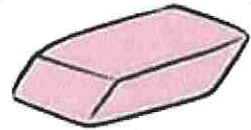
BE WILLING TO LEARN (ON YOUR OWN!)



CONFRONT YOUR OWN BIASES



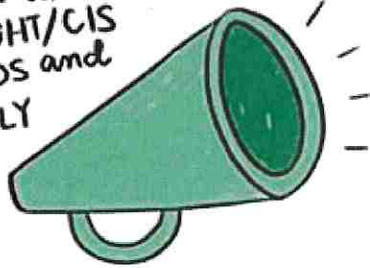
CORRECT YOUR MISTAKES



LISTEN MORE THAN YOU TALK



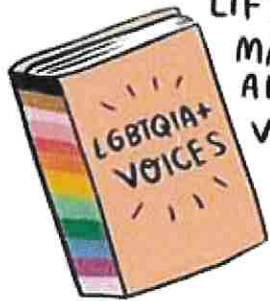
SPEAK UP TO STRAIGHT/CIS FRIENDS and FAMILY



KEEP AN OPEN-MINDED HEART



LIFT UP MARGINALIZED VOICES



CHECK YOUR PRIVILEGE



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Who we are, not What we are

The GenderCool Project is a new storytelling campaign and non-profit that's opening up the conversation around gender in an easily understandable way. The campaign's centerpiece chronicles the accomplishments of transgender young people (our GenderCool Champions) across North America. We leave the labels at the door and build support in communities everywhere by spotlighting the remarkable success of these young leaders.



The New York Times

Rolling Stone

People

ADWEEK

2018 LAUNCH
 130 million messages delivered
 240 thousand social media interactions
 43 countries engaged with launch
 Fortune 100 company partnerships secured

NBC NEWS

TODAY

Disney PRIDE

teenVOGUE

abc NEWS



Washington University
Transgender Center
at St. Louis Children's Hospital

Offering the only multidisciplinary care available to children and teens in the region who identify as a gender different from the sex they were assigned at birth. The Center's physicians, nurses, therapists and support staff are dedicated to providing a safe, supportive and welcoming environment.

Children's
HOSPITAL • ST. LOUIS
BJC HealthCare


 **Washington**
University in St. Louis
Physicians




CONTACT US

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info@stlmetrotrans.com

 [MetroTransUmbrellaGroup](https://www.facebook.com/MetroTransUmbrellaGroup)

 [@stlmetrotrans](https://twitter.com/stlmetrotrans)



METRO TRANS UMBRELLA GROUP



Please Join Our Parent Support Meeting!

TransParent strives to provide an environment that encourages parents and caregivers to speak openly about their own experience in raising Transgender or Non-bianary children of any age. Our goal is to help make connections with other local families that can relate to this experience. This group meets monthly, is confidential, and is peer led. No judgments or unsolicited advice. This is a space for parents of gender independent children to speak freely about their concerns, challenges, triumphs, pitfalls, new developments or advances in care. You are also welcome to a chair and a fresh cup of coffee to just listen to others. Sharing is not required.

TransParent also serves as a conduit for families who are searching for professional resources both locally and nationally.

The St Louis chapter offers a kids club on the 3rd Thursday of the month. Please contact us for additional details.

Let us help you make connections. You are not alone. One of our best tools is the wisdom and experiences of others who have walked this path before us.

TransParent St. Louis

meets every

3rd Thursday of the month

6:30 pm – 8:30 pm

St. Louis Children's Hospital - Mid Campus Center

4590 Children's Pl

Saint Louis, MO 63110

For more information, reach out to StLouis.MO@TransParentUSA.org